

How to Be a Good Friend

What makes a good friend?

Good friends are helpful, kind, and fun!
Autistic kids like to play, laugh, and learn – just like you!
What are good ways to make friends with autistic kids?

1 Ask them to join you!



Do you
want to play
with me?

2 Wait for them.

Autistic kids may take time to talk.
Be patient.

3 Take turns talking.

If your friend doesn't talk, look
at their face to see how they feel.

Match the face to the feeling!



Scared



Sad



Happy



Do you want to

_____ ?

Tip: Autistic kids
may not look at you
when you talk to them.
It doesn't mean that
they're not listening!

4 **Be kind.** If your friend makes you upset, tell them to “please stop.” If they make you happy, be sure to tell them that, too!

5 **If you don’t understand something that your friend does or says, ask them!**

6 **Let them talk about their autism.** Some kids want to talk about their autism. Some don’t. Don’t talk about their autism unless your friend says it’s okay.

7 **Love your differences!** Autism is not a bad thing. It’s a way that people are different. Difference is great– it’s what makes us special!



Nice things to say to a friend:

