How to Be a Good Friend

What makes a good friend?

Good friends are helpful, kind, and fun. Autistic kids like to play, laugh, and learn – just like you!

What are good ways to make friends with autistic kids?

1. **Ask them to join you!**

   Do you want to play with me?

2. **Wait for them.** Autistic kids may take time to talk. Be patient.

3. **Take turns talking.** If your friend doesn’t talk, look at their face to see how they feel.

   **Match the face to the feeling!**

   Scared  Sad  Happy

Tip: Autistic kids may not look at you when you talk to them. It doesn’t mean that they’re not listening!
4 Be kind. If your friend makes you upset, tell them to “please stop.” If they make you happy, be sure to tell them that, too!

5 Love your differences! Autism is not a bad thing. It’s a way that people are different.
Difference is great - it makes us special!
How are you different?
__________________________________________
__________________________________________

6 If you see your friend being bullied, tell an adult you trust.

7 Learn more about autism. Ask an adult for help. Learning more will help you be a good friend!